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## South Florida

Local

# Saluting the sun in West Palm



Scott Fisher, Sun Sentinel

**Mat attack:** Participants in the fourth annual Yoga Day USA do poses outdoors at the Meyer Amphitheatre in downtown West Palm Beach. Hundreds of people attended the free, daylong event, taking classes like "Yoga for Stiff People" and "A Taste of Yoga Kids." Local businesses such as Nature's Way Cafe and Funky Yoga were part of the Yoga Marketplace.